

Disaster Management Club Webinar Report

“Nothing feels better than knowing God loves you, that he is always there for you and that he will always take care of you”

Disaster Management Club of Holy Cross College (Autonomous), Trichy, conducted a webinar on 11-6-2020 from 10.30 am to 12 pm through GOOGLE MEET for the I UG and II UG students of holy cross college on the topic of “COVID -19 and its Psychological impacts”.

A short prayer was done by the President of Disaster Management Club along with some club members. Ms.Berlin Vinolia, Assistant professor of Commerce and Staff Coordinator of Disaster Management Club (Shift-I) welcomed the gathering. Chief Guest Address was given by Mr. Aravind Ganesan, MSW., M.Phil., Head of the department of Social work, Athma Hospitals, Trichy. He gave a broad idea about COVID-19 around the world. He also gave various ideas that removes the stress factors in the students minds which in turn to make useful time by staying home itself.

He mainly focused on Personality Development, Mindfulness, Money management, Healthy food habits, Time Management and Family time. He encouraged the student community to choose their profession and draw up their career map. Students paid active participation by raising questions like How to overcome the stress that forces us to choose a particular career?, How to plan about their career- some steps? And so on. He also made the students aware of ZOOM Phobia.

The webinar came to an end with words of gratitude by Ms.Maria Merlin, Assistant professor of English and Staff Coordinator of Disaster Management Club (Shift-II).The overall participants of the webinar was 101.